



SOLON BEEF DAYS FUN RUN

JULY 17, 2021

RACE TIME: 7:30 AM- 1 Mile & 5K

REGISTRATION:

*Online registration is available! www.beefdays.com

*Return the bottom portion of this form.

Pricing thru Sunday June 26, 2021 11:59pm

Individual Pricing: Solon Students K-12 \$7.00 1 Mile.....\$10.00 5K.....\$15.00

Family* Pricing Option.....\$40.00; Add'l Family Members.....\$5.00

*(Family indicates 4 related individuals with the **SAME** primary residence)

Pricing thru Thursday July 15, 2021- 5:00 pm cutoff

Individual Pricing: Solon Students K-12 \$10.00 1 Mile.....\$15.00 5K.....\$20.00

Family* Pricing Option.....\$60.00; Add'l Family Members.....\$8.00

*(Family indicates 4 related individuals with the **SAME** primary residence)

T-shirt (additional fee) \$10.00, 2XL \$12.00, order deadline June 26, 2021

Race Day Registration: St. Mary's Church parking lot. 6:30-7:00 a.m.

1749 Racine Ave NE, Solon, IA 52333

Pricing: \$25.00 PER PERSON- 1 Mile or 5K (No T-shirt)

*Family pricing not available on race day

OTHER INFORMATION:

Restrooms: SRNA Restrooms, Lakeview Softball Stand, Parking Lot Portables

Course maps are available on the Beef Days website. Strollers welcome. Sorry- no dogs allowed.

Parking is available at the Solon Recreation and Nature Area.

AWARDS:

All participants are eligible for Door Prizes! (Must be present to win)

Prizes will be awarded to the top male & female finishers in each race

Medals to the top three male & female finishers in each age division

Age Divisions: 1 Mile – Under 5, 5-6, 7-8, 9-10, 11-12, 13-15, 16-18, 19 & up

5K – Under 15, 15-18, 19-29, 30-39, 40-49, 50-59, 60 & up

Make Checks Payable to "Solon Beef Days"; Mail to 4287 Buffalo Ct NE, Solon, IA 52333

Name _____ Age _____ Birthdate _____ Gender _____

Address, City, State _____

Phone _____

Email _____

T-shirt: Additional fee of \$10, XX-Large \$12

Registration must be received by June 26, 2021 for T-shirt

		QUANTITY
ADULT	SMALL	
	MEDIUM	
	LARGE	
	X-LARGE	
	XX-LARGE (\$12)	
YOUTH	SMALL	
	MEDIUM	
	LARGE	
	Total # of shirts	

Event (circle one): 1 Mile 5K Amount pd \$ _____

RELEASE: I hereby absolve and release the City of Solon and its employees, the Solon Beef Days Committee, and all other sponsors, race directors and volunteers from any liability or injury claims whatsoever incurred by or against me during the aforementioned event. By signing below, I am also signifying that I am in proper physical condition to participate in either the 5K Run or the 1-Mile Run. If, however, as a result of my participation, I require medical attention, I hereby give my consent to authorized medical personnel of Solon Beef Days Races to provide such medical care as is deemed necessary by such personnel.

Signature of Participant (parent/ guardian if under 18)

Participant/ Guardian Date